

Three-Point Lighting

Three-Point Lighting is the most common lighting technique that uses 3 lighting instruments for each person or object photographed or recorded on video.

1. KEY **Light** – The instrument that provides the MAIN source of illumination on the person or object in the shot. This light is usually placed between the 4 AND 5 o'clock position.
2. FILL **Light** – The instrument that is placed OPPOSITE to the Key Light, providing softer illumination on the OPPOSITE side of the talent's face.
3. BACK **Light** - The instrument placed BEHIND and ABOVE the talent at the 1 TO 2 o'clock position. This light separates the talent or object from the BACKGROUND.