

Do you have ladders in your workplace?

Do you ensure that:

- ☐ ladders are in good condition, and used properly?
- ☐ ladders are inspected regularly?
- ☐ the right ladder is used for the job?
- ☐ ladders are secured properly?
- ☐ workers use 3-point contact?
- ☐ workers do not lean out beyond side rails?
- ☐ workers do not carry items while climbing?
- ☐ workers do not climb higher than the fourth rung from top of an extension ladder or second rung from the top of a stepladder?

What's being done to manage the risk?

1. Have you set company rules or expectations for working with ladders?

For example:

- how to choose the right ladder for the job
- how to use ladders safely by securing them, maintaining 3 point contact and not carrying items while climbing
- how to inspect ladders
- wearing proper footwear

2. Have the expectations been communicated to all appropriate staff? Do they understand them?

3. Has appropriate training been done? For example:

- how to safely use ladders
- which ladder to use for which job

4. Have you evaluated to see if the expectations are being met? For example:

- health and safety rules are being followed
- standards and expectations are up to date
- explore what others are doing to prevent falls from ladders
- re-inforce the 'no short-cut' rule

5. Have you acknowledged employees who follow the rules and meet company expectations?
What needs improvement?

To find out more about preventing falls, contact the WSIB or visit www.wsib.on.ca.

FALLS - COST US ALL!



**Did you know that slips
and trips account for 65%
of all fall injuries?**